



Faculty:

Sports Sciences and Movement

ANNUAL REPORT

2024/2025

## Contents

Contents .....	1
1. Improving Teaching and Learning .....	5
1.1 Improving Teaching.....	5
1.1.1 Staff involved .....	5
1.1.2 Current Curriculum, Scheduled, Actual Hours, Cancellations and Delays.....	5
1.1.3. Scheduled, actual hours, cancellations and delays .....	14
1.1.4 Learning materials and libraries .....	16
1.1.5 Teaching methods and practices.....	16
1.1. 6 Consultations .....	17
1.1.8 Development of new programs.....	20
1.2 Learning – using Moodle .....	21
1.3 Transfers .....	0
Quality Assurance in Teaching .....	0
1.1.1. Ethics in Teaching.....	0
1.1.2. Transparency in teaching .....	1
1.1.3. Staff assessments through questionnaires and other instruments .....	1
2. Student admission and criteria.....	4

2.1.1.	Exams, passing and participation.....	7
2.1.2.	Student progress and transition rate.....	8
2.1.3.	Thesis topic.....	9
2.1.4.	Scholarships and distinguished students.....	9
2.1.5.	Dropping out of studies.....	10
2.1.6.	Quality assurance in student services.....	10
2.1.7.	Ethics in exams.....	10
3.	Development of Scientific Research and Innovation.....	10
4.1	Scientific research planning and management.....	10
4.	Work environment.....	12
4.1.	MANAGEMENT.....	12
5.1.1	Faculty Council Meetings.....	12
4.1.2.	Management meetings.....	12
4.1.3.	Meetings of the Quality Sub-Committee.....	12
4.1.4.	Meetings of the Complaints Sub-Commission.....	12
4.1.5.	Meetings of the Ethics Sub-Committee.....	13
5.1.6.	Industry Board Meetings.....	13
5.	Internationalization, partnerships and community.....	13

6.1 International cooperation.....	13
6. Extracurricular activities.....	14
7. Infrastructure, spaces and resources .....	14
7.1. Infrastructure in use or needed.....	14
Modern infrastructure .....	17
PERFORMANCE TESTING LABORATORY .....	18
7.2. Productivity of research staff.....	21
7.2.1. The impact of scientific research .....	22
7.2.2. Academic staff registration in Googlescholar, Orcid, Researchgate .....	22
7.3. Scientific research projects and funds.....	23
8. Organization and organogram .....	24
9. Quality Assurance and internal audit.....	26
10.1. Human resources administration.....	27
9.1.1. Staff, workload, vacations and more.....	27
9.1.2. Staff engaged in new programs.....	27
10.2. Ethics in human resources management.....	27
10.3. Collaboration with industry .....	27
10.4. Community collaboration .....	28

10.5.	Faculty Promotion – students, society and marketing mix .....	28
10.5.1.	Brochure.....	29
10.5.2.	Academic staff .....	29
10.5.3.	Collaborations with local institutions .....	29
10.5.4.	MEMBER OF INTERNATIONAL SPORTS ORGANIZATIONS .....	31
10.5.5.	OUR MISSION.....	32
10.5.6.	WHAT ARE OUR VALUES?.....	33
10.5.7.	BACHELOR PROGRAM Sport and Movement Sciences .....	34
10.5.8.	MASTER PROGRAM Health and Physical Activity .....	34
10.6.	Website .....	35
10.7.	Social networks.....	35
10.8.	Staff and student mobilities .....	35
10.9.	Student employment rate .....	35
10.10.	Alumni Services.....	36
11.	Performance indicators .....	36

# 1. Improving Teaching and Learning

## 1.1 Improving Teaching

### 1.1.1 Staff involved

The Faculty of Sport and Exercise Sciences has 22 teachers on the academic staff at the bachelor's level. In the winter semester, 14 teachers were engaged, while in the summer semester 11 teachers. At the Master's level, Health and Physical Activity has 18 teachers, in the winter semester 10 teachers were engaged and in the summer semester 8.

### 1.1.2 Current Curriculum, Scheduled, Actual Hours, Cancellations and Delays

#### Current curricula

#### Bachelor - Sports and Movement Sciences

<b>YEAR ONE: 60 ECTS</b>						
<b>SEMESTER 1: 30 ECTS</b>						
			<b>Hours/Weeks</b>			
<b>No</b>	<b>M/E</b>	<b>Subject</b>	<b>L</b>	<b>E</b>	<b>ECTS</b>	<b>Lecturer</b>
<b>1</b>	<b>M</b>	<b>Sport in history, culture and society</b>	<b>2</b>	<b>0</b>	<b>4</b>	<b>Sami Serrmaxhaj</b>
<b>2</b>	<b>M</b>	<b>Fundamentals of physical activity: the theory of movement</b>	<b>2</b>	<b>1</b>	<b>5</b>	<b>Masar Gjaka</b>
<b>3</b>	<b>M</b>	<b>Biology and genetics, with basic elements of biochemistry</b>	<b>3</b>	<b>1</b>	<b>5</b>	<b>Gazmend Temaj</b>
<b>4</b>	<b>M</b>	<b>Biochemistry of exercise</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>Kujtim Thaqi</b>
<b>5</b>	<b>M</b>	<b>Functional anatomy</b>	<b>3</b>	<b>1</b>	<b>6</b>	<b>Djellor Riza</b>

6	M	Team sports I (Football – Basketball)	1	2	4	Agron Thaqi
	E	Elective Course	1	1	3	
<b>SEMESTER 2: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
7	M	Human physiology	3	1	6	Diellor Riza
8	M	General psychology	2	1	4	Denis Celcima
9	M	Theory and methodology of training and exercise– 1	2	1	5	Masar Gjaka
10	M	Team sport II (Volleyball – Handball)	2	1	4	Agron Thaqi
11	M	Individual sports I (Artistic - Rhythmic gymnastics and dancing)	1	2	4	Milaim Berisha
12	M	Scientific thinking, research methods and statistics	2	1	4	Abedin Bahtiri
	E	Elective Course	1	1	3	
<b>YEAR TWO: 60 ECTS</b>						
<b>SEMESTER 3: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
13	M	Exercise physiology	2	1	4	Masar Gjaka
14	M	Biomechanics	2	1	4	Milaim Berisha
15	M	Theory and methodology of training and exercise - 2	2	1	4	Masar Gjaka
16	M	Exercise testing and prescription	1	1	3	Agron Thaqi
17	M	Sport psychology	2	1	4	Emrush Thaçi
18	M	Sport pedagogy and ethics	2	0	4	Sami Sermaxhaj

19	M	Individual sports I (Athletics - Skiing)	2	2	4	Abedin Bahtiri
	E	Elective Course	1	1	3	
<b>SEMESTER 4: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
20	M	Physical activity in health and disorder	2	1	6	Agron Thaqi
21	M	Nutrition, health and exercise	2	0	3	Masar Gjaka
22	M	Sports medicine and first aid	2	1	5	Diellor Riza
23	M	Sport sociology and legislation	2	1	4	Sami Sermaxhaj
24	M	Individual sports II (Athletics – Martial arts - Swimming)	1	3	6	Abedin Bahtiri
25	M	Biostatistics and computer technologies	1	1	3	Milaim Berisha
	E	Elective Course	1	1	3	
<b>YEAR THREE: 60 ECTS</b>						
<b>SEMESTER 5: 30 ECTS - Major 1 - HEALTH, PREVENTION AND REHABILITATION</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
26	M	Sports medicine and public health	2	1	5	Diellor Riza
27	M	Physical activity in growth and aging	2	1	4	Abedin Bahtiri
28	M	Physical exercise, personal training and rehabilitation	2	1	5	Masar Gjaka
29	M	Adapted physical activity, disease and disability	2	1	5	Avdi Pireva
30	M	Performance assessment and monitoring	2	1	5	Milaim Berisha

31	M	Computer science and technologies in sport and movement	1	2	3	Muhamet Avdyli/ Milaim Berisha
32	M	English (Advanced/conversation)	1	1	3	Fatbardha Qehaja Osmani
<b>YEAR THREE: 60 ECTS</b>						
<b>SEMESTER 5: 30 ECTS - Major 2 - SPORT COACHING AND TRAINING</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
33	M	Sport psychology and pedagogy	2	1	4	Denis Celcima
34	M	Advanced science of training and exercise	2	1	5	Masar Gjaka
35	M	Long-term athletic development	2	1	5	Sami Sermaxhaj
	M	Performance assessment and monitoring	2	1	5	Milaim Berisha
36	M	Advanced biomechanics and kinesiology	2	1	5	Abedin Bahtiri
	M	Computer science and technologies in sport and movement	2	1	3	Muhamet Avdyli/ Milaim Berisha
	M	English (Advanced/conversation)	1	1	3	Fatbardha Qehaja Osmani
<b>YEAR THREE: 60 ECTS</b>						
<b>SEMESTER 5: 30 ECTS - Major 3 - SPORT MANAGEMENT AND SOCIOECONOMIC DEVELOPMENT</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
37	M	Sport economy and entrepreneurship	2	1	5	Ermal Lubishtani
38	M	Sport and social psychology	2	1	4	Denis Çelçima

39	M	Sport management and marketing	2	1	5	Blerta Abazi
40	M	Sport and innovation	2	1	5	Engelbert Zefaj
41	M	Sport policy and sustainable development	2	1	5	Edmond Hajrizi
42	M	Sport and social integration	1	1	3	Avdi Pireva
	M	English (Advanced/conversation)	1	1	3	Fatbardha Qehaja Osmani
<b>SEMESTER 6: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
43	M	Internship (Practice in Laboratory/Health or Sports center/Working place and related experience)		20	20	
44	M	Thesis			10	
<b>YEAR ONE: Elective Courses</b>						
			<b>Hours/Weeks</b>			
No	E	Subject	L	E	ECTS	Lecturer
45	E	Basics of computer technologies	1	1	3	Besnik Skenderi
46	E	English (basic-intermediate)	1	1	3	Alma Lama
47	E	Team sports (Rugby)	1	1	3	Avdi Pireva
48	E	Individual sports (Table Tennis-Fitness)	1	1	3	Blerta Abazi
49	E	Sports Journalism	1	1	3	Ferid Selimi
50	E	Games	1	1	3	Blerta Abazi
<b>YEAR TWO: Elective Courses</b>						
No	E	Subject	L	E	ECTS	Lecturer

52	E	Team sports (Futsal)	1	1	3	Agron Thaqi
53	E	Academic writing and communication skills	1	1	3	Abedin Bahtiri
54	E	Individual Sports (Yoga & Pilates)	1	1	3	Blerta Abazi/ Shpresa Rrahmani
55	E	Individual sports (Badminton)	1	1	3	Abedin Bahtiri
		Mandatory	Elective		Lectures	Exercise
Abbreviation		M	E		L	E

## Master – Health and Physical Activity

<b>YEAR ONE: 60 ECTS</b>						
<b>SEMESTER 1: 30 ECTS</b>						
				<b>Hours/Weeks</b>		
<b>No</b>	<b>M/E</b>	<b>Subject</b>	<b>L</b>	<b>E</b>	<b>ECTS</b>	
	M	Sport Science and Exercise Training	2	1	5	
	M	Public Health, Vital Statistics and Epidemiology	2	1	5	
	M	Nutrition Science, Substance Exposure, and Environmental Challenges	2	1	5	
	M	Health Psychology, Stress Management, and Lifestyle	2	1	5	
	M	Sport, Games and Play in Individual, Community, and Social Health	2	1	5	
	M	English Language	2	1	4	
	E	Elective 1			3	
	E	Elective 2			3	

<b>SEMESTER 2: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
	M	Growth and Development	2	1	4	
	M	Aging and the Elderly	2	1	4	
	M	Exercise Testing and Prescription in Health and Rehabilitation	2	1	4	
	M	Major Illnesses and Exercise Protocols	2	1	4	
	M	Major Disabilities and Adapted Physical Activity	2	1	4	
	M	Research Methods	2	1	4	
	E	Elective 1			3	
	E	Elective 2			3	
<b>YEAR TWO: 60 ECTS</b>						
<b>SEMESTER 3: 30 ECTS</b>						
No	M/E	Subject	L	E	ECTS	Lecturer
<b>MAJOR 1: Lifestyle Training</b>						
	M	Health Psychology, Behavior, and Life Management	2	1	4	
	M	Nutrition and Diet in Health and Wellbeing	2	1	4	
	M	Leisure, Play and Outdoor Life	2	1	4	
	E	Elective			3	
	M	Internship			15	
			<b>Total</b>		<b>30</b>	
<b>MAJOR 2: Ages of Life</b>						
	M	Physical Activity and Lifestyle in Growth and Development	2	1	4	
	M	Physical Activity and Lifestyle for Fitness, Health and Prevention in the Adult	2	1	4	
	M	Physical Activity and Lifestyle in Ageing and the Elderly	2	1	4	
	E	Elective			3	

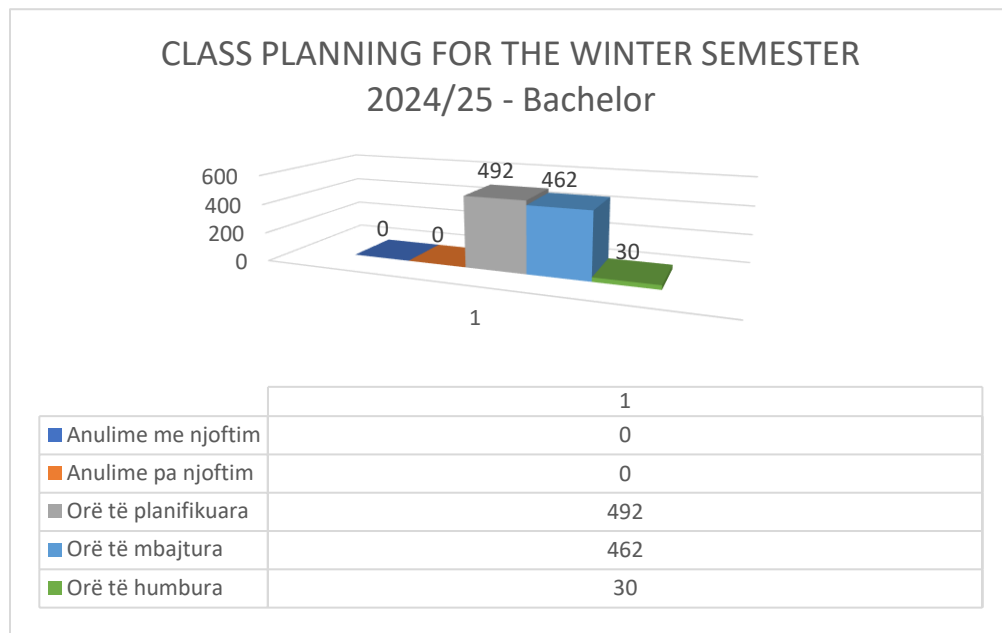
	<b>M</b>	<b>Internship</b>			<b>15</b>	
			<b>Total</b>		<b>30</b>	
<b>MAJOR 3: Disease and Disability</b>						
	<b>M</b>	<b>Physical activity in Cancer, Cardiovascular and Other Chronic Disorders</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Physical Activity in Behavioral Disorders, Mental Illness, and neurodegenerative diseases</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Adapted Physical Activity in Major Disabilities</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>E</b>	<b>Elective</b>			<b>3</b>	
	<b>M</b>	<b>Internship</b>			<b>15</b>	
			<b>Total</b>		<b>30</b>	
<b>MAJOR 4: Social Mediation</b>						
	<b>M</b>	<b>Sport Activities in Social Integration and Community Development</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Sport Activities in Conflict Mediation and Peace Processes</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Sport Activities to Help Social Resilience in Emergencies and Natural Disasters</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>E</b>	<b>Elective</b>			<b>3</b>	
	<b>M</b>	<b>Internship</b>			<b>15</b>	
			<b>Total</b>		<b>30</b>	
<b>MAJOR 5: Research</b>						
	<b>M</b>	<b>Research Theory and Methodology</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Hypothesis Testing, Statistics and Data Analysis</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>M</b>	<b>Research and Technology</b>	<b>2</b>	<b>1</b>	<b>4</b>	
	<b>E</b>	<b>Elective</b>			<b>3</b>	
	<b>M</b>	<b>Internship</b>			<b>15</b>	
			<b>Total</b>		<b>30</b>	
<b>YEAR TWO: 60 ECTS</b>						
<b>SEMESTER 4: 30 ECTS</b>						

No	M/E	Subject	L	E	ECTS	Lecturer
	M	Thesis			30	
<b>SEMESTER 1: Elective Courses</b>						
			<b>Hours/Weeks</b>			
No	E	Subject	L	E	ECTS	
	E	Sport and Play for Mental Health and Wellness	1	1	3	
	E	Sport and Play in Growth and Development	1	1	3	
	E	Stress and Stress Management Techniques	1	1	3	
	E	Yoga and Pilates	1	1	3	
	E	Diet and Nutritional Supplements in Sport Activities	1	1	3	
<b>SEMESTER 2: Elective Courses</b>						
No	E	Subject	L	E	ECTS	
	E	Technology and Innovation in Sport and Exercise	1	1	3	
	E	Fitness and Personal Training	1	1	3	
	E	Advanced English Language	1	1	3	
	E	Advanced Research Methods and Statistics	1	1	3	
	E	Sport Games	1	1	3	
<b>SEMESTER 3: Elective Courses</b>						
	E	Research Ethics	1	1	3	
	E	Dancing	1	1	3	
	E	Outdoor Activities	1	1	3	
		<b>Mandatory</b>	<b>Elective</b>	<b>Lectures</b>	<b>Exercise</b>	
<b>Abbreviation</b>		M	E	L	E	

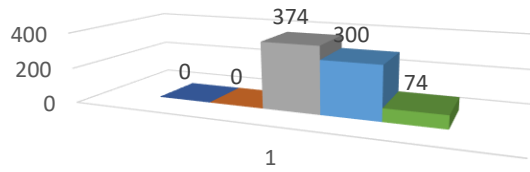
### 1.1.3. Scheduled, actual hours, cancellations and delays

The Faculty of Sport and Exercise Sciences at the Bachelor's level during the academic year 2024/2025 has planned 1214 academic hours distributed over two semesters, 746 academic hours in the winter semester and 468 academic hours in the summer semester. Meanwhile, in Novelin Master's Degree - Health and Physical Activity during the 2023/2024 academic year has planned 354 academic hours distributed over two semesters, 164 academic hours in the winter semester and 190 academic hours in the summer semester.

The graphs attached below show the development of the academic process at the Faculty of Sport and Movement Sciences for the winter semester for the Bachelor's and Master's levels in Health and Physical Activity.



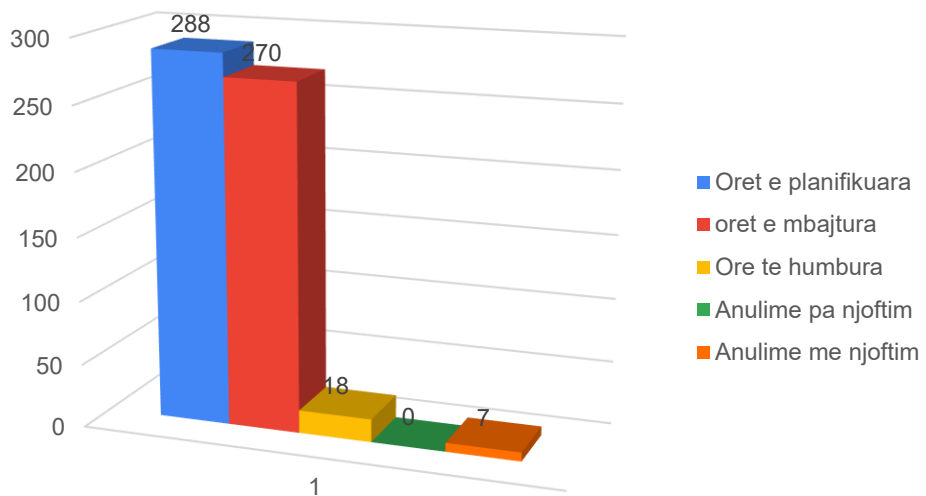
### CLASS PLANNING FOR THE WINTER SEMESTER 2024/25 - Bachelor

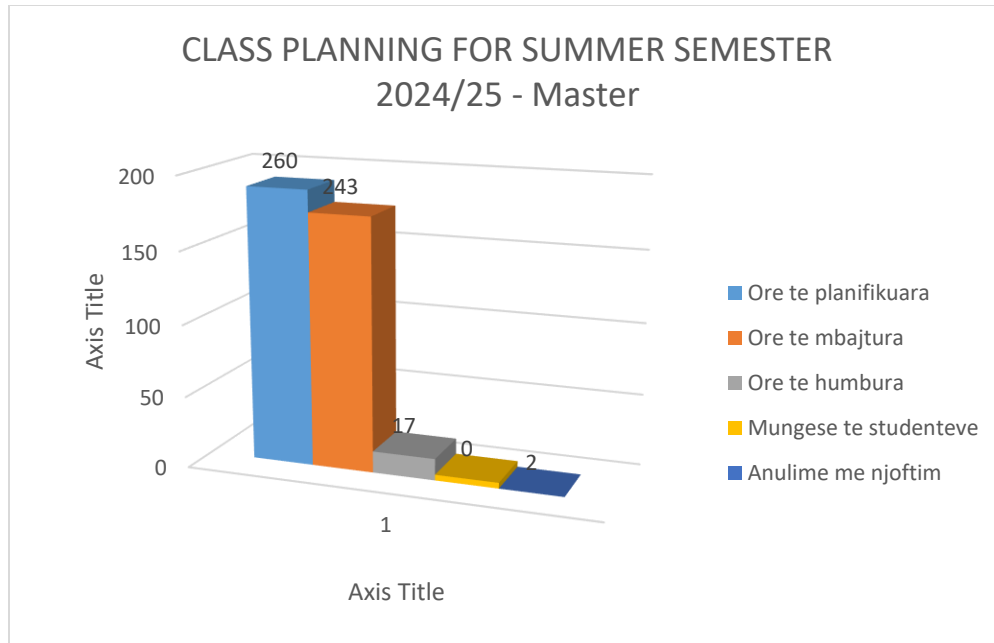


	1
Anulime me njoftim	0
Anulime pa njoftim	0
Orë të planifikuara	374
Orë të mbajtura	300
Orë të humbura	74

The graphs attached below show the development of the academic process at the Faculty of Sport and Movement Sciences for the summer semester for the Bachelor's and Master's levels in Health and Physical Activity.

### CLASS





#### 1.1.4 Learning materials and libraries

Through the Moodle platform, they have the opportunity to receive the material taught in lectures and exercises, and they can also find the Syllabus of each subject. Some of the books can also be found in the library.

Almost every course has lecture material posted on Moodle. They try to provide the literature that they offer to the students for learning, which are also found in the library, and other materials that must be researched to complete the seminar assignments given by the professors.

#### 1.1.5 Teaching methods and practices

The Sports and Movement Sciences study program has a curriculum that is fully structured, including the practical part,

The practical part for each subject is carried out in the laboratory spaces and halls near UBT, also part of the practical work foreseen within the subject syllabi is organized in Industry.

### 1.1. 6 Consultations

The Faculty of Sport and Exercise Sciences has conducted consultation hours in each subject with students throughout the teaching process. It should be noted that additional consultations were applied as needed after the end of the semester.

Winter Semester 2024/25

COURSE- BACHELOR	DAY	LECTURER	ROOM	TIME
Individual Sports (Athletics – Skiing)	03.03	Abedin Bahtiri	I218	10:30
Futsal (Elective)	27.03	Agron Thaqi	I218	09:00
Sport Psychology	28.03	Emrush Thaqi	I218	10:30
Theory and Methodology of Training and Exercises II	28.03	Masar Gjaka	I218	09:00
Advanced Training and Exercise Science	28.03	Masar Gjaka	I218	09:00
Sport Pedagogy and Ethics	17.02	Sami Sermaxhaj	I218	10:30
Exercise Physiology	25.02	Masar Gjaka	I218	10:30
Biomechanics	21.02	Milaim Berisha	I218	09:00
Sport Psychology and Pedagogy	26.02	Deniz Celcima	I218	14:20
Advanced Biomechanics and Kinesiology	18.02	Milaim Berisha	I218	09:00
Computer Sciences and Technologies in Sport and Movement	24.02	Milaim Berisha	I218	09:00
Performance Assessment and Monitoring	20.02	Milaim Berisha	I218	09:00

Long-Term Athlete Development	17.02	Sami Sermahaj	I218	10:30
Exercise testing and prescription	24.02	Agron Thaqi	I218	09:00
English (Advanced / Conversation)	03.03	Fatbardha Qehaja	I218	12:40
COURSE- MASTER	DAY	LECTURER	ROOM	TIME
Theory and methodology of training and exercise- 1	21.02	Masar Gjaka	I218	09:00
Sport, Games and Play in Individual, Community, and Social Health	03.03	Blerta Abazi	I218	09:00
Health Psychology, Stress Management, and Lifestyle	28.03	Deniz Celcima	I218	10:30
English Language (B2)	19.02	Luiza Zeqiri	I218	09:00
Research Methods	24.03	Milaim Berisha	I218	09:00
Growth and Development	27.02	Masar Gjaka	I218	10:30
Physical Activity in Cancer, Cardiovascular Diseases, and Other Chronic Disorders	03.03	Pranvera Ibrahimimi	I218	10:30
Adapted Physical Activity in Major Disabilities	27.02	Agron Thaqi	I218	10:30
Research Ethics	24.02	Abedin Bahtiri	I218	10:30
Technology and Innovation in Sport and Exercise (Elective)	03.03	Milaim Berisha	I218	09:00

Summer Semester 2024/25 Course | Day | Lecturer | Room | Time

COURSE	DAY	LECTURER	ROOM	TIME
Biostatistics and Computer Techniques	7/7/2025	Abedin Bahtiri	I218	11:00-11:45
Nutrition, Health, and Exercise	6/30/2025	Masar Gjaka	I308	14:00-14:45
Physical Activity in Health and Disorders	7/3/2025	Agron Thaçi	I308	14:00-14:45
Individual Sports II (Athletics II – Martial Arts – Swimming)	7/4/2025	Abedin Bahtiri	I218	12:00-12:45
Sport Sociology and Legislation	6/24/2025	Sami Sermaxhaj	I308	12:00-13:00
Yoga and Pilates	6/24/2025	Shpresa Rrahmani	I218	11:00-11:45
Sports Medicine and First Aid	7/7/2025	Mimoza Ukimeraj	I218	12:00-12:45
Research Methods	7/4/2025	Milaim Berisha	I218	12:00-13:00
Major Disabilities and Adapted Physical Activity	7/11/2025	Agron Thaçi/Diellor Rizaj	I218	12:00-13:00
Major Diseases and Exercise Protocols	7/10/2025	Masar Gjaka/Pranvera Ibrahimi	I218	12:00-13:00
Exercise Testing and Description in Health and Rehabilitation	7/11/2025	Milaim Berisha	I308	13:00-14:00
Aging and Older Adults	7/14/2025	Linda Carkaxhiu	I218	12:00-13:00
Growth and Development	6/26/2025	Sami Sermaxhaj	I308	13:00-14:00

Technology and Innovation in Sport and Exercise (Elective)	7/14/2025	Milaim Berisha	I308	13:00-14:00
Fitness and Personal Training (Elective)	7/10/2025	Masar Gjaka	I308	13:00-14:00

### 1.1.7 Tutoring

During this academic year, we have had no requests for tutoring from students.

### 1.1.8 Development of new programs

The Faculty of Sport Science and Movement does not have any new programs developed.

## 1.2 Learning – using Moodle

At the beginning of the winter semester of the 2022/2023 academic year also in the summer semester, the faculty has initiated that the course syllabuses be presented in the first hour so that students are informed about the development of the courses they will develop during the semester. All syllabuses are placed in moodle before we start with the new academic year (maintaining the learning process).

### Report The MAILING THE syllabuses & materials in Moodle\_ Bachelor

#### Semester Winter 2024/2025

PR O G R A M I	Lënda	Sem	Viti	Profes ori	Syllab uset		Moodle	PPT. Prez / Libri	Extra	Java 1	Java 2	Java 3	Java 4	Java 5	Java 6	Java 7	Java 8	Java 9	java 10	Java 11	Java 12	Total	%	
					SQ	ANG																		
<b>SEMESTRI 3</b>																								
3	Theory and Methodology of Training and Exercises II	3	2	Masar Gjaka	1	1	Yes	Yes			1	1	1	1	1	1	1	1	1	1	1	1	12	100
3	Exercise Testing and Description	3	2	Agron Thaqi	1	1	Yes	Yes			1	1	1	1	1	1	1	1	1	1	1	1	12	100
3	Individual Sports (Athletics– Skiing)	3	2	Abedin Bahtiri, Agron Thaqi	1	1	Yes	Yes			1	1	1	1	1	1	1	1	1	1	1	1	12	100





**Report The MAILING THE syllabuses & materials IN Moodle\_Master  
Semester Winter 2024/2025**

Pr og ra m	OBJECT	Sam	year	Profess or	sylla bus es		Mondle	PPT. Pres / Book	Extra	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	.lava 7	.lava 8	.lava 9	iava 10	.lava 11	.lava 12	.lava 13	.lava 14	.lava 15	Total	Pernind
					S Q	A N G																				
<b>SEMESTRI 1</b>																										
Se me ste r 1	Diet and extras grocery in sports activities	1	1	Masar Gjaka, Abedin Bahtiri	1	1	yes	yes		1	1	1	1	1	1	1	1	1	1	1					10	100
Se me ste r 1	Stress and management techniques the stress	1	1	Deniz Celcima	1	1	yes	yes		1	1	1	1	1	1	1	1	1	1	1					10	100
Se me ste r 1	Language english (b2)	1	1	Luiza Zeqiri	1	1	yes	yes		1	1	1	1	1	1	1	1	1	1	1					10	100
Se me ste r 1	Sports, games in individual health, community and social health	1	1	Green Abazi	1	1	yes	yes		1	1	1	1	1	1	1	1	1	1	1					10	100
Se me ste r 1	Health Psychology, Management The stress AND STYLE The Life	1	1	Deniz Celcima	1	1	yes	yes		1	1	1	1	1	1	1	1	1	1	1					10	100



**Report The MAILING THE syllabuses & materials in Moodle\_ Bachelor  
Summer Semester 2024/2025**

Semester	OBJECT	Sam.	year	Professor	syllabuses	Moodle	PPT. Pres / Book	Extra	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Total	Percentage %	
<b>SEMESTER 4</b>					en	ANC																				
<b>SEMESTER 4</b>	Physical Activity in Health AND disorder	4	2	Agron Thaqi	1	1	yes	yes																	12	
<b>SEMESTER 4</b>	to Nutrition, Health AND Exercises	4	2	Blood Massar	1	1	yes	yes																	12	
<b>SEMESTER 4</b>	Biostatistics AND TECHNIQUES computer	4	2	Abedin Bahtiri	1	1	yes	yes																	12	
<b>SEMESTER 4</b>	Yoga and Pilates	4	2	Hope Rrahmani	1	1	yes	yes																	12	

<b>SEMESTER 4</b>	Sports Individual II (Athletics 2, Arts, Martial Arts, Swimming)	4	2	Abedin Bahtiri, Agron Thaqi	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	1	1	12
<b>SEMESTER 4</b>	Sports Medicine and First Aid	4	2	Mimoza Ukimeraj	0	0	yes	yes			1	1	1	1	1	1	1	1	1	1	1	1	12	
<b>SEMESTER 4</b>	Sports Sociology and LEGISLATION	4	2	Sami Sermaxhaj	1	0					1	1	1	1	1	1	1	1	1	1	1	1	12	

**Report The MAILING THE syllabuses & materials in Moodle\_ Master Summer Semester 2024/2025**

Semester	OBJECT	Sam.	Viti	Profesori	Syllabuset	Moodle	PPT, Prez / Libri	Extra	Java 1	Java 2	Java 3	Java 4	Java 5	Java 6	Java 7	Java 8	Java 9	Java 10	Java 11	Java 12	Java 13	Java 14	Java 15	Total	Perqindja
					SO	ANG																			
<b>SEMESTER 2</b>	Increasing AND COUNTRY DEVELOPMENT	2	1	Sami Sermaxhaj/ Paulo Parisi	1	0	yes	yes			1	1	1	1	1	1	1	1						10	
<b>SEMESTER 2</b>	aging AND THE elderly	2	1	Linda Carkaxhiu Huseyin	1	1	yes	yes			1	1	1	1	1	1	1	1						10	

<b>SEMESTER 2</b>	TESTING AND Description The exercise in Health and Rehabilitation	2	1	Milaim Berisha	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10
<b>SEMESTER 2</b>	Diseases Page AND Exercise Protocols	2	1	Masar Gjaka / Pranvera Ibrahim	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10
<b>SEMESTER 2</b>	Research Methods	2	1	Milaim Berisha	0	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10
<b>SEMESTER 2</b>	Technology AND INNOVATION in Sports and exercise (Electoral)	2	1	Milaim Berisha	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10
<b>SEMESTER 2</b>	disability Page AND Physical Activity Adjustment	2	1	Agron Thaqi/Diellor Rizaj	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10
<b>SEMESTER 2</b>	Fitness AND Personal Training (Elective)	2	1	Blood Massar	1	1	yes	yes			1	1	1	1	1	1	1	1	1	1	1	10

## 1.3 Transfers

During the winter and summer semester of the academic year 2024/2025, the Faculty of Sport, there was no transfer within the Institution or outside the institution.

## Quality Assurance in Teaching

### 1.1.1. Ethics in Teaching

Teachers always try to work according to the curriculum and syllabus that the Faculty of Sport program offers. Before each semester, teachers are provided with the necessary information to implement the best and most appropriate practices. Also, before the beginning of each semester, the teacher is asked to send the list of materials that he needs to develop the teaching process.

In order to maintain the quality of teaching, we have created quality commissions within the faculty, where in this commission we have a quality officer from the staff, we also have a student representative. In this committee, all the students' problems regarding the quality of teaching are discussed, in case we have complaints from a small number of students with a certain subject, we organize additional hours for those students in order to offer you more information with cases where they see or have deficiencies.

Also, in order to improve the quality of teaching, questionnaires have been organized for the students, where in this case the students had the opportunity to freely evaluate each teacher and also UBT in general. Through these questionnaires we can see which professors the students are and are not satisfied with. In those cases, we would organize an individual meeting with the professors who received bad reviews from the students and the dean of the faculty. In that meeting, the results of the questionnaires are discussed, then the professor in question is offered special training in case he had low evaluations in the teaching method, these professors are also encouraged to deal more with scientific works, so that they are as good as possible. prepared for students.

### 1.1.2. Transparency in teaching

Syllabus for all subjects are posted on Moodle. In the syllabus, the evaluation method is clearly emphasized, the weight of each commitment, how much is evaluated, so that no specific problem was encountered or reported during this process.

### 1.1.3. Staff assessments through questionnaires and other instruments

Faculty The sCIENCES of Sports and THE The movement has applied questionnaire with teachers according to recommendation THE TAKEN BY Department ABOUT Quality Assurance. Questionnaire IS distributed TO THE all STUDENTS via Google Forms.

#### Professors' evaluation for semester III 2024/25- BACHELOR

Staff	OBJECT	Average grade.	%	COMMENTS
Staff001	Sports Individual (Athletics-Skiing)	5	100%	
Staff002	Futsal (Elective), Testing The exercise AND description	4.69	93.8%	
Staff007	Sports Psychology	4.59	91.8%	
Staff010	Exercise Physiology, Theory and Training methodology AND exercises II	5	100%	
Staff011	Biomechanics	4.81	96.2%	
Staff012	Sports Pedagogy and Ethics	4.69	93.8%	

#### ASSESSMENT The professors ABOUT semester V 2024/25 - BACHELOR

Staff	OBJECT	Average grade.	%	COMMENTS
Staff004	Sports psychology and Pedagogy	4.58	91.6%	
Staff008	English (Advanced / conversational)	4.79	95.8%	
Staff010	Advanced training science AND exercise	5	100%	
Staff011	Advanced biomechanics AND Kinesiology, Sciences computer AND technologies in sports and movement, Evaluation AND MONITORING The PERFORMANCE	4.92	98.4%	

Staff012	Long-Term Development of athlete	4.46	89.2%	
----------	----------------------------------	------	-------	--

Professors' evaluation for semester I 2024/25 - MASTER

Staff	OBJECT	Average grade.	%	COMMENTS
Staff004	Health psychology, management the stress and style the life, stress and management techniques the stress (election)	4.75	95%	
Staff016	Language english (b2)	4.83	96.6%	
Staff015	The science of nutrition, exposure their substances and challenge environmental	4.75	95%	
Staff010	Sports sciences and exercise, diet and extras grocery in sports activities (optional)	4.92	98.4%	
Staff018	The science of nutrition, exposure their substances and challenge environmental	4.58	91.6%	
Staff003	Sports, games in individual health, community and social health	4.83	96.6%	

Professors' evaluation for semester III 2024/25- MASTER

Staff	OBJECT	Average grade.	%	COMMENTS
Staff001	Research ethics, physical activity in disorders the behavioral, mental illness, and diseases neurodegenerative	5	100%	
Staff002	Adapting physical activity to inefficiencies primary	5	100%	
Staff010	Physical activity in cancer, disease cardiovascular and disorder other chronic	4.42	88.4%	
Staff013	Physical activity in cancer, disease cardiovascular and disorder other chronic	4	80%	
Staff005	Physical activity in disorders the behavioral, mental illness, and diseases neurodegenerative	5	100%	

Professors' evaluation for semester IV 2024/25- BACHELOR

Staff	OBJECT	Average grade.	%	COMMENTS
-------	--------	----------------	---	----------

Staff002	Activity physical in health and disorders	4.60	92%	
Staff010	Of nutrition, health and exercises	4.90	98%	
Staff005	Sports medicine and first aid	4.60	92%	
Staff012	Sports sociology and legislation	4.90	98%	
Staff008	Sports individual ii (athletics 2– arts) martial arts – swimming)	4.70	94%	
Staff001	Biostatistics and techniques computer	4.60	92%	
Staff022	Yoga and pilates	4.60	92%	

Professors' evaluation for semester II 2024/25 – MASTER

Staff	OBJECT	Average grade.	%	COMMENTS
Staff012	Increasing and country development	4.90	98%	
Staff017	Aging and the elderly	4.70	94%	
Staff011	Testing and description the exercise in health and rehabilitation	4.90	98%	
Staff010	Diseases page and exercise protocols	4.50	90%	
Staff011	Research methods	4.90	98%	
Staff011	Technology and innovation in sports and exercise ( <b>electoral</b> )	4.90	98%	
Staff002	Disability page and physical activity adjustment	4.9	98%	
Staff010	Fitness AND Personal Training ( <u>Elective</u> )	<b>4.70</b>	94%	

## 2. Student admission and criteria

All the candidates who meet the following criteria are eligible to enroll in the Sport Science study program and Movement

### In Bachelor:

Candidates eligible to enroll in the Sport Science and Movement program must meet clearly defined criteria assessed through a structured and transparent admissions process. Admission is conducted through a public call, published by UBT College after the results of the Matura exam are released by the Ministry of Education, Science, Technology and Innovation of the Republic of Kosovo. The process includes both academic and physical assessments, overseen by the Faculty's Entrance Examination Commission, appointed for a three-year term by the Faculty Council. The detailed criteria are given in the table below:

Category	Parameters	Details	Percentage (%)		Comments
<b>Health Requirements</b>	<b>Health Check Examination</b>	Medical clearance confirming fitness for physical activity and sports.	No score is awarded	Mandatory and disqualifying	Includes cardiovascular health, physical examination, and injury history checks.
<b>Academic Requirements</b>	<b>High School Graduation Certificate</b>	Minimum passing score required in national or school-level exams.	30%	Mandatory and disqualifying	Ensures candidates meet basic educational standards.
	<b>Sport Science Entrance Exam</b>	A standardized theoretical test assessing knowledge in sport science, biology, and	15%	Required but not disqualifying	Provide insight into the candidate's articulation of a forward-

		physical education.			looking vision for the advancement of sports and their personal inclusion in this vision
<b>Physical Assessment</b>	<b>Motoric Test (Fit Score)</b>	Evaluates strength, endurance, agility, speed, and flexibility through standardized tests.	20%	Required but not disqualifying	Evaluates general health, basic psychological, and motor skills, supporting the candidate's practical teaching ability and understanding of sports application
<b>Sports Background</b>	<b>Involved as a worked in sports (non-athlete)</b>	Documentation of past participation in organized sports, such as club memberships, competitions, or school teams.	10%	Not disqualifying	Experience working with sports teams, federations, and similar organizations can foster the candidate's understanding of the demands placed on qualitative experts in sports science.

	<b>Super League Athletes*</b>	Athletes who have competed at the highest national or international levels.	10%		Being an elite athlete demonstrates the potential and capability for advancing to a higher level of sports science expertise
	<b>Under-Level Athletes*</b>	Athletes with lower-division, amateur, or regional competition experience.	5%		
	<b>Recreational Activities* (Fitness &amp; Other Activities)</b>	Participation in fitness programs, gym training, or other non-competitive sports.	2%		
<b>Personal Statement</b>	<b>Motivational Letter</b>	A written statement explaining the candidate's interest, goals, and passion for sport science.	8%	Required but not disqualifying	Assesses motivation, dedication, and future aspirations in the field.

*\* It involves a high level of competitive sports, with regulations that may vary across different sports disciplines and federations.*

*Note: All stated achievements must be documented with official records.*

**In Master**

The Master's program in Health and Physical Activity ensures that its admission criteria and procedures are applied consistently and fairly, providing equal opportunities to all applicants while preventing any form of discrimination.

Admission requirements are standardized, assessing all candidates on their prior academic achievements, including completion of a Bachelor's degree in a relevant field such as Sports Sciences and other health-related disciplines, such as Nutrition, Public Health, Physiotherapy, Psychology, etc. Additional assessments, such as interviews, are conducted through a structured and transparent process to evaluate critical thinking and research potential while ensuring equal treatment for all applicants.

A committee of academic and administrative staff oversees the selection process, strictly adhering to the established admission standards to maintain fairness and consistency. Admission decisions are based solely on merit and preparedness, fostering an inclusive and impartial process that guarantees equal access to the Master's program for all eligible candidates.

#### 2.1.1. Exams, passing and participation

The exams held during the 2024/25 academic year were conducted successfully and without any reported incidents.

Grades were entered into the SMIS System within the required deadline, and the deadline for submitting exam transcripts was respected.

Attached is a table with complete data on the conduct of the exams.

Exams, passing and participation

Exam deadlines February, April, June and September 2025 - Bachelor and Master Level

Exam Deadline	Scheduled exams	Completed exams	Cancelled exams	Student absence	Student attendance at exams	Passing rate	Grades 9-10
<b>Bachelor's level</b>							
November 2024	14	11	0	3	89.5%	84.6%	45.45%
February 2025	36	29	0	62	74.7%	80.7%	35.6%
April 2025	18	17	0	0	74.7%	93.3%	35.7%
June 2025	30	26	0	2	75.7%	80.7%	34.1%
September 2025	29	27	0	0	74.7%	88.3%	30.2%
<b>Master's level</b>							
February 2025	20	14	0	10	90.2%	84.9%	73.4%
April 2025	8	7	0	0	90.2%	94.4%	47.1%
June 2025	20	16	0	1	89.9 %	88.7 %	43.7 %
September 2025	13	11	0	1	90.2%	71.4%	55%

2.1.2. Student progress and transition rate

**Passage Rates OF THE program Academic - Bachelor's level**

Academic Year	Number the students the joined	Number the students that have history year	Pass Rate (%)
2021/2022	30	24	78 %
2022/2023	30	23	76%
2023/2024	28	19	66 %

<b>Academic Year</b>	<b>Number the students the joined</b>	<b>Number the students that have history year</b>	<b>Pass Rate (%)</b>
2024/2025	n/a*	n/a	n/a%

\* Program unaccredited ABOUT the year 2024/25

### **Passage Rates OF THE program Research – Master's Level "Health and "Physical Activity "**

<b>Academic Year</b>	<b>Number The Students THE Joined</b>	<b>Number The Students THAT HAVE History YEAR</b>	<b>Pass Rate (%)</b>
2022/2023	7	5	71%
2023/2024	12	8	66 %
2024/2025	16	11	69%

#### 2.1.3. Thesis topic

This academic year we have a significant number of students who have graduated, both at the Bachelor 's and Master's levels. Below in the table is the number of graduates in percentage:

<b>STUDY PROGRAM</b>	<b>ACADEMIC YEAR 2024-2025</b>
Graduation rate in BACHELOR	75%
Graduation rate in MASTER	80%

#### 2.1.4. Scholarships and distinguished students

Students who have managed to maintain a grade point average above 9 have won scholarships from the College, as have students who have entered their first year with excellent success from secondary school.

#### 2.1.5. Dropping out of studies

The Department of Sports and Exercise Science, during the check of the student attendance list for the entire academic year, has reached the conclusion that this year there are no dropouts. Students who have been absent from lectures and exercises have been consulted and all continue their studies. The reasons for the absences are various such as: poor health ( flu) seasonal ); work commitments, trips abroad, etc.

#### 2.1.6. Quality assurance in student services

continuously dedicated to ensuring the quality of student services , both in the technical and professional aspects : expanding laboratory spaces and equipping laboratories with compliant tools and reagents . study curricula throughout the years of study, as well as in building human capacities .

Within the framework of the study program, we have a quality subcommittee and we continuously review the recommendations received as a department in the faculty council and take their application as a basis.

#### 2.1.7. Ethics in exams

We have not had any complaints regarding this so far. violation of regulations for the conduct of exams.

Kemi nen-komisionin per etike ne nivel fakulteti dhe rregulloren se si te vepohet.

### 3. Development of Scientific Research and Innovation

#### 4.1 Scientific research planning and management

The UBT is a scholarly community that serves the larger community by advancing, sharing and applying knowledge, and by facilitating the development of thoughtful, creative, adaptable, contributing citizens. As part of an established and highly successful research-led University, in the field of research, UBT Faculty of Sport and Movement Science aims to become the leading

research institution for Kosovo, based on a sound expertise in applied multidisciplinary research in general, and in Sport and Movement Science in particular. The faculty's research objectives are in line with the general strategic objectives of UBT, which are below:

Continue to provide a dynamic and challenging intellectually rigorous educational programs that respond to the needs of learners in a complex region and global community

- ✓ Promote and sustain a teaching-learning environment that emphasizes the importance of the partnership between faculty and students and cultivates each student's sense of personal responsibility to undertake the work necessary to take full advantage of educational experiences.
- ✓ Promote and support teaching excellence and the scholarship of teaching among faculty.
- ✓ Expand information, knowledge, and data resources.

As part of the annual international conference, we have been organizing the International Conference on Sport, Health and Society for 5 years now. We have had a continuous increase in the number of interested parties, where this year we will have 16 speakers, 4 of them eminent international professors.

- Involving students in scientific research

We, as a faculty, have started involving students in scientific research and will continue to do so at an even higher percentage. So far, although we only have students at the bachelor's level, we have two students who have participated in the UBT scientific conference, and we have also engaged our students in two research projects carried out by faculty professors.

- Scientific research projects and funds

We as a Faculty are part of the Sport, Health project. and the People "SHAPE", a project supported by Erasmus + worth 400,000 euros, which includes the Universities of the Western Balkans and

we as the Faculty are the Coordinator of the project. All the Faculty staff have won several individual projects from the Ministry of Culture, Youth and Sports.

## 4. Work environment

### 4.1. MANAGEMENT

#### 5.1.1 Faculty Council Meetings

Faculty Council meetings at the beginning and end of each semester.

At the beginning of the semester, topics related to development, improvement and proposals by the academic staff for the academic year are mainly discussed. Faculty Council meetings are organized at the invitation of the Dean of the Faculty.

#### 4.1.2. Management meetings

The Faculty of Sport and Exercise Sciences has not held any other meetings, except for consultations with students and individual conversations as needed by the professor.

The meetings were held according to the necessary state of development of the academic process.

#### 4.1.3. Meetings of the Quality Sub-Committee

The Quality Sub-Committee held a meeting before the start of the Winter semester and also before the start of the summer semester, where the purpose of the meeting was to check the course syllabi and compile a report on the compliance of the syllabi.

#### 4.1.4. Meetings of the Complaints Sub-Commission

The Faculty of Sport and Movement Sciences applies the review and resolution of any complaint or request addressed to the faculty. During the first semester we did not have any complaints to address to the complaints sub-committee. Student requests and complaints with decision-making content are reviewed during the week the issue is addressed, in cases where the complaint or request contains a solution that should be as flexible as possible, it is treated on the same day of receipt of the annex/request.

#### 4.1.5. Meetings of the Ethics Sub-Committee

During period of the reporting, sub-commission about ethics has been maintained meeting the regular on purpose the review the issue that related to integrity academic and respecting standards ethical at the faculty. Meetings have including:

- Discuss and case review the possible the violation the ethics academic.
- Providing instructions and recommendation about staff and students in related to practices ethical.
- Planning activities the awareness and training about ethics academic.

Subcommittee go the be a structure keywords about maintaining standards the higher ethical and about promoting integrity in the all-faculty activities.

#### 5.1.6. Industry Board Meetings

Industry board meetings are generally held at the beginning of the winter semester. Minutes are kept for each meeting.

## 5. Internationalization, partnerships and community

### 6.1 International cooperation

The faculty is working on building collaborations with partner universities starting from the region and beyond.

In the context of strengthening ties with international institutions, in June of this year the Faculty signed a cooperation agreement with Yaşar University. Doğu Sports, part of Ondokuz University Mayıs, from Samsun, Turkey.

As a faculty we have a very close partnership with the University of Rome " Foro" Italic "Italy, University of Vienna, University of Sports of Tirana, Albania.

It should be noted that the Faculty of Sport and Movement Sciences participated in the signing of the cooperation agreement for the creation of the Network of Universities and Faculties of Sport Sciences in the Balkans.

## 6. Extracurricular activities

- ✓ Events, sports competitions in futsal, volleyball and table tennis
- ✓ Collaboration with industry
- ✓ Our students have started working in various sports clubs with which UBT has agreements. Cooperation with the community
- ✓ As a faculty, we have conducted several researches with nursing homes, where our students have tested the elderly and analyzed their physical and health condition. Staff and student mobilities, research has also been conducted with children with Down Syndrome. Down, where in this research, in addition to professors, students also took part.
- ✓ Student employment rate
- ✓ Alumni Services.

## 7. Infrastructure, spaces and resources

### 7.1. Infrastructure in use or needed

*The program's lectures and practical sessions are held in well-equipped auditoriums and laboratories throughout the Lipjan campus, providing ample capacity for the planned number of students. For example:*

*Lecture rooms:*

<b>Building</b>	<b>Room</b>	<b>CAPACITY</b>
<b>I - Campus</b>	<b>I-301</b>	<b>60</b>
<b>I - Campus</b>	<b>I-302</b>	<b>60</b>

<b>I - Campus</b>	<b>I-303</b>	<b>60</b>
-------------------	--------------	-----------

*Laboratories owned by UBT College are available for program courses*

<b>laboratory</b>	<b>CAPACITY</b>	<b>Building</b>
Pc Lab1	60	Lipjan Campus
PC Lab2	30	Lipjan Campus
PC Lab3	20	Lipjan Campus
<b>Total capacity</b>		110

### **Equipment for educational activities**

*Spaces, facilities and gyms/laboratories*

<b>Description</b>	<b>units</b>	<b>TOTAL</b>	<b>Main user</b>
Telemedicine Room	1	1	Medical programs
Classrooms	3	3	Sports and Movement Science

*Outdoor environments, indoor gyms and laboratories*

<b>Description</b>	<b>units The</b>	<b>TOTAL</b>	<b>Main user</b>
Sports gym	1	1	Sports and Movement Science
Small gym	1	1	Sports and Movement Science
Outer space	1	1	Sports and Movement Science
Fitness and Testing Laboratory	1	1	Sports and Movement Science
Sports Medical Lab	1	1	Sports and Movement Sciences and Faculty of Medicine
Anatomy Laboratory	1	1	Faculty of Medicine
PC Lab	1	1	Sports and Movement Science and others
Physiology laboratory	1	1	Faculty of Medicine

*Equipment*

Description	units	TOTAL	Main user
Bioimpedance / Tanita	1	1	Sports and Movement Science
Carpet rolling with gas analyzer	1	1	Sports and Movement Science
Ergocycle	1	1	Sports and Movement Science
Optojump (10m)	1	1	Sports and Movement Science
Dynamometer	1	1	Sports and Movement Science
Anthropometric set	1	1	Sports and Movement Science
Spirometry	1	1	Sports and Movement Science
Balance system	1	1	Sports and Movement Science
ECG-Electrocardiography	1	1	Sports and Movement Science
Heart rate monitoring system (Polar)	1	1	Sports and Movement Science
Speed gates ( Microgate )	1	1	Sports and Movement Science
GYM Over	1	1	Sports and Movement Science
Leonardo Mechanography	1	1	Sports and Movement Science

### Library and learning resources

The Library at the UBT Lipjan Campus has 100 seats with more than 443 book titles. With 100 seats the library covers very well 10% of the total number of students in the study program as required by Standard 7.5 of the KAA Manual Section a). These books are supported by access to electronic databases such as JSTOR, SAGE Journals, EBSCO, and others, giving students and staff access to thousands of academic documents and research articles.

### Licensed software

- SPSS
- Turnitin
- Microsoft Project
- Athena 's Impact Evaluator

*Software tools suitable for programming courses*

Description	units	TOTAL	course
SPSS	10	10	Biostatistics and computer techniques, scientific thinking, research methods and statistics, Computer science and technology in sports
Fitness and Testing Laboratory	1	1	Exercises and description, Performance evaluation and monitoring
Gymware	1	1	Exercises and description,

			Performance evaluation and monitoring
Leonardo Typography	3	3	Exercises and description, Performance evaluation and monitoring
Moodle	1	1	All subjects
Microsoft Project	30	30	Project management
Mautic (marketing automation software)	N/A	N/A	Marketing
MATLAB Simulink (model-based simulation and design)	20	20	Telecommunications software

Modern infrastructure



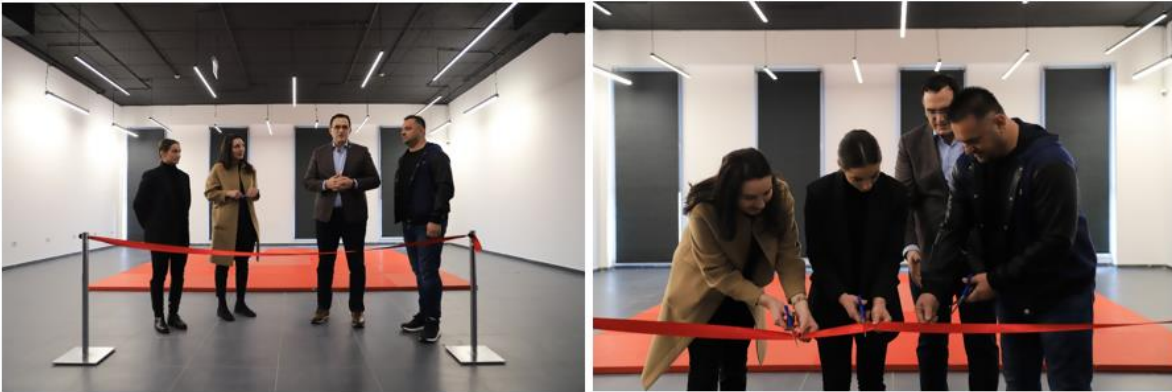


PERFORMANCE TESTING LABORATORY





## Infrastruktura moderne



## Ligjerata ne terren



### 7.2. Productivity of research staff

The SPO staff continuously focuses on building capacities in the field of scientific research, and continuously applies the publication of scientific papers. Number of publications and citations of the Sport and Movement Sciences staff in the last 3 years alone:

<i>Number of publications in the last three years</i>	<i>Average of eligible publications divided by number of staff in the last three years per year</i>
165	2.5

### 7.2.1. The impact of scientific research

Our staff has conducted important research regarding the importance of physical activity and sports in the human body. We have conducted research with the elderly who live in nursing homes in Kosovo and have extracted important data about their condition and have given important recommendations for them. Then we have also conducted research with children with special needs, specifically with children with Down syndrome. Syndrome and there we have extracted very important data about the condition of this category and we have also extracted results of the health and physical condition for each person who participated in this research. We have given important recommendations for this category by offering special protocols for each individual who participated in the research. Then research with athletes and sports clubs, which have given important recommendations as for sports clubs as well as for athletes.

### 7.2.2. Academic staff registration in Googlescholar, Orcid, Researchgate

It is worth noting that even though we are a young faculty, the faculty staff are continuously focused on scientific research, with most professors having published at least 1 paper in prestigious international journals.

#### Academic staff registration in Googlescholar, Orcid, Researchgate

No.	First and Last Name	level	Research Gate	Google Schoolboy
1.	Masar Blood	BSc / MSc	yes	yes
2.	Abedin Bahtiri	BSc / MSc	yes	yes
3.	Agron Thaqi	BSc / MSc	yes	yes
4	Green Abazi	MSc	yes	yes
5	Avi Pireva	BSc / MSc	yes	yes
6	Diellor Rizaj	BSc / MSc	not	not
7	Sunshine Tahiri	B.Sc.	not	not
8	Gazmend Temaj	B.Sc.	yes	yes
9	Kujtim Thaqi	B.Sc.	not	yes
10	Fatbardha Qehaja	B.Sc.	yes	yes
11	Nagip Lenjani	B.Sc.	yes	yes
12	Deniz Celcima	BSc / MSc	yes	yes
13	Emrush Thaci	B.Sc.	yes	yes
14	Linda Carkaxhiu	MSc	yes	yes
15	Spring Ibrahim	MSc	yes	yes

16	Sami Makolli	MSc	yes	yes
17	Avdiu Butterfly	MSc	yes	yes
18	Luiza Zeqiri	MSc	yes	yes
19	Sami Seramaxhaj	BSc / MSc	yes	yes

### 7.3. Scientific research projects and funds

Faculty the science and the sports movement has won design in erasmus+ under the name sports , health and people (shape) - one network the university the balkan western.

**Sports, health and people (shape) - one network the university the balkan western** - is a project international the coordinated funded by ubt by erasmus+ (erasmus-edu-2023-cbhe-strand-1). The project aims to view the build a network university about sports in the western balkans, and the developing actions the common, in according to context european and eu recommendations, for the moved a order lifestyle asset in population, and about the contribute in community life and sustainable development in the region. For this purpose, the project aims to view the train sports professionals the qualified in specific sports fields as apply about different needs, and the promote personal health, as and shared values how inclusion, equality, safety, or awareness environmental, contributing in this order in community life and in a peaceful social development. This the give sports a important the special in balkans western (wb), where indicators health professionals are more the lowest in europe and there are problems the big about the completed those aspects the inclusion , equality , security and dimensions social the related to them, that the eu decide how priorities dominant , and are in the really conditions core about a be the healthy community and a peaceful social development and harmonic . The project current has to view the transcend limits of actions the isolated and the urge an effort collective, comprehensive about the using great potential the sports, in different expressions the him, for the help in meeting needs health and social the region and to bring it closer the one with the part other of europe. Previous heis and the new of the world bank are joined with this view in project, of together with two universities of the eu that guided the all previous actions and partners the other contributor. Cohesion and commitment theirs stronger can the providing a action effective and efficient, successful by a promotion the wider the results in the region in total value of the project is 359,884.00 euros.

Also, the staff the faculty the sciences the sports and the movement has won other useful projects financial in ministry of culture, youth and sports, of which ones are they list the in table more down.

Grantee	Title the project	Spring the grant	AMOUNT
Agron Thaqi	Determination and level analysis the skills motorsports the people that living in houses about the elderly	Ministry of culture, youth and sports	8500.00
Blood Massar	Athletes with careers the dual in republic of kosovo and motivation their right sports and education	Ministry of culture, youth and sports	6790.00
Milaim Berisha	Determination the level the registry physical the people with down syndrome	Ministry of culture, youth and sports	8200.00
Abedin Bahtiri	Conditional preparation for football referees	Ministry of culture, youth and sports	5000.00

## 8. Organization and organogram

**The administration** of the program is well organized for fulfilling the mission and reaching the set objectives and goals. All teaching and learning, research and quality assurance standards and performance indicators are in place. The members of the administration, including the management, academic and administrative staff, are qualified for the positions they are responsible for, and will have well-defined roles and responsibilities in fulfilling their positions and in contributing to the organization and implementation of all processes. The organization of administration of the Undergraduate program in Sport Science and Movement will be as follows: **Faculty Dean**, a qualified professional holding a PhD in Kinesiology, who's main responsibilities comply with the policies and procedures of UBT, leading the program in accordance with the powers and duties set by the President. He/she is involved in and oversees all aspects of academic, research and administrative procedures, including the development and implementation of curriculum, the teaching and learning process, revision of rules, regulations and ethical standards, staff monitoring and evaluation, establishing and maintaining partnerships with other programs within UBT as well as with similar programs nationwide and overseas, etc.

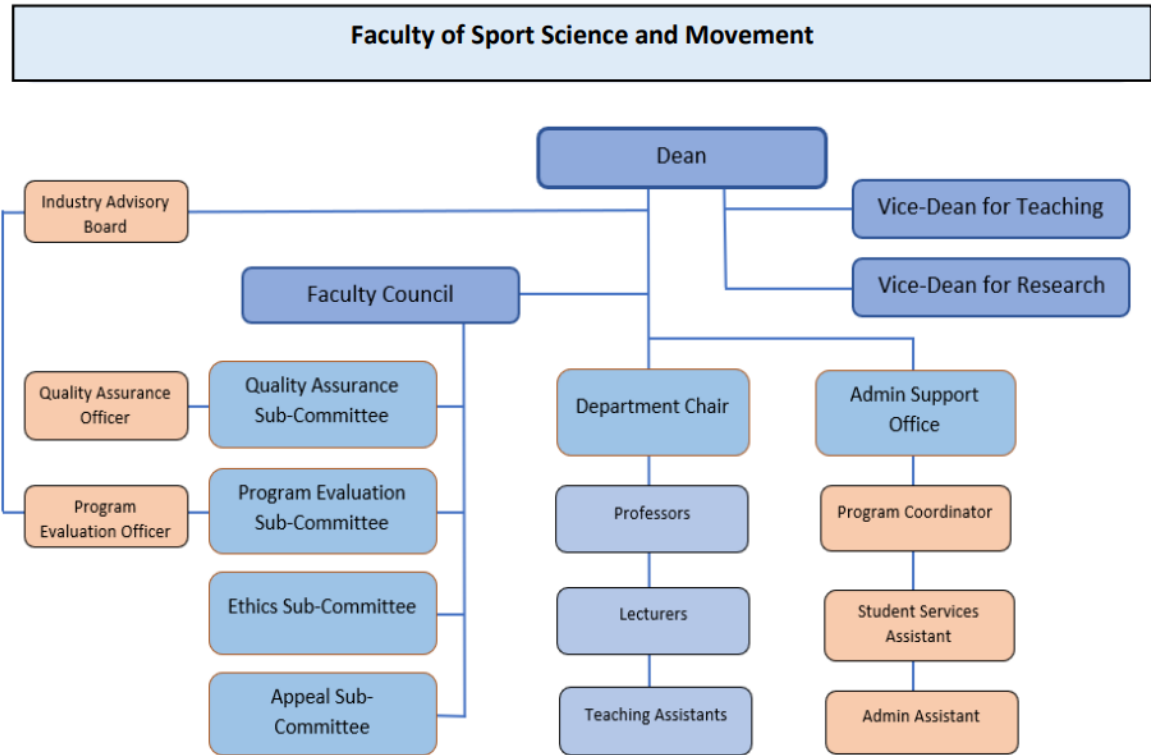
**Vice-Dean for teaching**, a qualified professional holding a PhD (or minimum MSc) in Sport Science, whose main responsibilities are assisting the Dean in all teaching and educational processes. This includes evaluating the syllabuses; monitoring whether the classes are running as scheduled; the teachers are punctual and engaged in teaching; the quality of learning is at the desired level set by the National Qualifications Framework and the European Higher Education Qualifications Framework, especially involving didactic and varied teaching methods tailored for an optimal student participation, engagement and performance.

**Vice-Dean for research**, a qualified professional holding a PhD (or minimum MSc) Sport Science or relevant field, whose main responsibilities are assisting the Dean in the research field of the department. This includes creating opportunities for research both internally and in partnership with partner institutions and organizations and other stakeholders, monitoring and supervising academic staff and students in research, ensuring that research is conducted in compliance with research ethical standards, etc.

**Vice-Dean for Quality Assurance**, a qualified professional holding a PhD (or minimum MSc) in Sport, whose main responsibility is to assist the dean in quality management of all processes. This mainly includes ensuring the quality and standards of the provision, whether students are achieving appropriate standards and that a good quality education is being offered to them. It also involves internal staff monitoring and evaluation, especially rating student satisfaction of the academic staff and learning processes through student evaluation forms, as well as in partnership with external quality management officials. The quality assurance officer also is involved in ensuring that students are well informed about the support services available to them, such as the Student Counseling Centre and the Library, which contributes to a higher quality of student life and experiences.

**Academic Staff** are qualified teaching professors and assistants holding a PhD (or minimum MSc) in Sport Science, Kinesiology, Psychology of Sport, or a relevant field. As it will be described in detail in the “Academic Staff” section of this document, our academic staff will be carefully recruited and selected for teaching subjects by their academic background and expertise. The Program Coordinator a qualified professional, with a minimum BSc in Sports Science or a relevant field, is responsible for organizing the whole academic process, including scheduling classes, exams, practical work, site-visits, and other main events of the Sports department, ensuring

that the infrastructure and equipment are in place, etc.



## 9. Quality Assurance and internal audit

The internal audit of academic staff is carried out for the two semesters of the academic year, also taking into account the quality of materials placed in MOODLE, participation in scientific conferences inside and outside the university, activity in the continuation of the study program, etc. From the data defined above IF it is necessary to take the appropriate measures so that the staff

can undergo training for a year or two until it is seen that they have achieved professional development in teaching quality.

## 10.1. Human resources administration

### 9.1.1. Staff, workload, vacations and more

According to UBT regulations, the workload of academic staff applies, and vacations are also applied according to the employment contract.

### 9.1.2. Staff engaged in new programs

We have not developed any new programs during this time period.

UBT organizes many trainings that correspond to the study program such as: certification according to ISO 9001 standards, English language, training in software programs, etc.

## 10.2. Ethics in human resources management

Such cases have so far been manageable and have not needed to be referred to the subcommittee. for ethics

## 10.3. Collaboration with industry

We we We have consistently based our collaboration with industry, not only in terms of curriculum collaboration, but also in terms of program promotion and advancement of the Sports Sciences program.

Realization of the meeting with the industry it was done for coordination purposes for the next steps for Extensive cooperation, where we cooperate with various sports federations, rehabilitation centers, sports medicine centers, sports clubs and also sports gyms.

## 10.4. Community collaboration

The faculty has developed events the miscellaneous community collaboration cafeteria and civil society, with the aim of promoting education, health and activity physical. This collaboration includes:

- **Software and events educational:** organization the seminars, lectures and training about pupils, students and citizen about health, sports and movement.
- **Projects and initiative community:** participation in projects local and initiative about promotion of sports and living active.
- **Partnerships with institutions local:** cooperation with schools, sports clubs and organization the other about development of activities the common and about raising awareness about the importance of the activity physical.

This collaboration contributes in the faculty 's connection with society, increasing its influence positive in community and developing responsibility social the students and staff academic.

## 10.5. Faculty Promotion – students, society and marketing mix

The faculty has developed a sustainable promotion strategy, aiming to increase awareness of its academic offerings and services among students, society and the wider community. Promotion activities are carried out through the following marketing mix elements:

Academic products: Promotion of bachelor's and master's programs, emphasizing the quality of teaching, scientific research, and opportunities for professional development.

Price: Informing the public about the costs of studies, scholarships and financial support for deserving students.

Distribution (Place): Providing information through brochures, websites, social networks, and activities in schools and other institutions.

Promotion: Organizing open days, informational seminars, participating in educational fairs, and using digital media to reach a wide audience.

The strategy aims to attract interested students and create stronger connections with society and the professional sector, reinforcing the image and presence of the faculty in the academic and local community.

#### 10.5.1. Brochure

During period of the reporting, the faculty has prepared and updated information brochures for programs academic, services about students and activities scientific. Brochures have about purpose:

Informing students the young and the interested about study programs and career opportunities.

Faculty promotion and activity the his academic and sports.

Assistance in guided academic the students and the construction of a transparent image and the clear of the faculty.

Booklets are the available in shape electronic and the printed, ensuring access the wider about public and community academic. Faculty aims the update periodically booklets about be adapted to new developments and student needs and partners.

#### 10.5.2. Academic staff

- ✓ To qualified and the enlightened-out country
- ✓ Professor international by universities prestigious
- ✓ Staff the new and the motivated for work
- ✓ Competent staff THE high as in teaching JUST also in searches ScieNtific

#### 10.5.3. Collaborations with local institutions

- ✓ University Clinical Center of Kosovo
- ✓ National Center of Sports Medicine
- ✓ National Institute of Public Health of Kosovo
- ✓ Rehabilitation Center “Nena Naile”
- ✓ Rehabilitation Center “Banja e Pejes”
- ✓ Rehabilitation Center “Rehabilitation”
- ✓ Elderly Center “Jetimat e Balkanit”
- ✓ Football Club “2 Korriku”

- ✓ Fitness Gym “Prishtina”
- ✓ ProBasket
- ✓ Zenit Pool
- ✓ Kosovo Cycling Federation
- ✓ Kosovo Table Tennis Federation
- ✓ Kosovo Olympic Committee
- ✓ MoU NSH “Inex Sharr Planina” Brezovic

## Bashkepunimet nderkombetare





European  
Commission

Funding & tender opportunities

Single Electronic Data Interchange Area (SEDIA)

## **ERASMUS + PROJECT APPLICATION**

**SHAPE** - Sport, Health, and the People - A  
Western Balkan University Network

**ERASMUS + per shkembim te stafit dhe te  
studenteve per vitin 2023-2026**

### 10.5.4. MEMBER OF INTERNATIONAL SPORTS ORGANIZATIONS

- **We have established the sports medicine institute**
- **We have established a Sports NGO through which we organize and participate in various sports events.**
- **Member of sports organizations**

## Aktivite jashtekurrikulare



### 10.5.5. OUR MISSION

The Bachelor's Program in Sport and Movement Sciences responds to the mission of UBT, which was created to contribute to the advancement of the country in research and education in accordance with European standards and the formation of qualified professionals able to respond to social needs in the various fields of technology, socioeconomic development, human and health

studies, Medicine and prevention. It aims to contribute to the development of the country and provide its younger population with good employment prospects in a new dynamic sector. Thanks to its relevant technological competencies and the collaboration of well-known European institutions and researchers, UBT plans to form highly qualified sports professionals able to meet the growing needs of the labor market in a European perspective.

The Master's Program in Health and Physical Activity aims to develop professionals capable of addressing the complex challenges of health and well-being. The program emphasizes the integration of physical activity, sport, nutrition, and lifestyle to promote personal health, reduce risk factors, and strengthen individual and community resilience. Key objectives include:

Providing advanced education on the benefits of sports and physical activity for health promotion, disease prevention and rehabilitation.

Developing evidence-based approaches to address chronic diseases and promote mental and physical well-being across all age groups.

Preparing students to design and implement personalized health programs, adapted to different populations, conditions and social contexts.

Promoting social cohesion through sports activities, conflict mediation and community resilience in emergencies or crises.

Promoting research and innovation in sports, health and movement sciences to contribute to improving public health.

#### 10.5.6. WHAT ARE OUR VALUES?

Our faculty is based on a set of core values that guide its mission and academic activities:

**Commitment to quality:** We aim for high standards in teaching, research, and student services.

**Integrity and transparency:** Our actions and decisions are guided by professional ethics and an open approach.

**Collaboration and Community:** We encourage teamwork and the development of strong relationships among students, staff, and partners.

**Innovation and creativity:** We support the development of new ideas, technologies, and advanced methods in learning and research.

**Commitment to personal and professional development:** We aim to develop the skills of students and staff to respond to the challenges of the market and society.

These values represent the foundation of the Faculty's culture and guide all of our activities and initiatives.

#### 10.5.7. BACHELOR PROGRAM Sport and Movement Sciences

Program duration is three years. For the successfully completed the program, you must the 180 ects credits are accumulated. Number the credit is a measure quantity of cargo of the general a student. They include lectures current, as and time spent about preparation and evaluating lectures, taking exams, preparing about exams, work seminary, internship and diploma thesis. In third year (semester 5th) student must the chooses a by modules offered.

Modules:

- Health, prevention and rehabilitation
- Training sports and training
- Sports management and country development socioeconomic

#### 10.5.8. MASTER PROGRAM Health and Physical Activity

Based on in needs contemporary the what requiring cooperation between sciences the sports and those medical, and the needs of the population in republic of kosovo about programs teaching the what providing cadre professional in health management public, stress management the population, children 's orientation and the youth in events physical and sports, adjusting the style the living, care about the elderly etc. Ubt college has created and accredited a program of master 's studies what is unique, and the only the species the such in kosovo and region. Master's program in health and physical activity includes 5 areas specialized such as: education about lifestyle training, ages of life, diseases and categories with needs the disease and disability, social mediation, research.

Modules:

- Lifestyle training
- Ages of life
- Disease and disability
- Social media
- Research

## 10.6. Website

Everyone the necessary material for the promotion and presentation of the Sport and Movement Sciences program, we have placed it on the UBT WEB. Link: <https://www.ubt-uni.net/en/ubt-en/faculties/sport-science-and-movement/>.

## 10.7. Social networks

The Landing Page built in the Sports Sciences program is continuously promoted, also visits to sports industry-centers with a scientific character are promoted on social networks such as Facebook, Instagram, etc. Also, many other activities together with students.

## 10.8. Staff and student mobilities

During this academic year, the faculty has carried out staff mobility through the program Erasmus + in Samsun, Turkey. As for student mobility, students are in an intensive process, with the aim of increasing participation in mobility programs in the future. The faculty aims to create numerous opportunities for academic exchanges and international internships, strengthening cooperation with foreign institutions and improving the professional and academic skills of the participants.

## 10.9. Student employment rate

During the reporting period, the faculty has tracked the employment of graduate students through labor market monitoring and direct communications with alumni. From the data collected:

A sig

nificant proportion of graduates have started working in various sectors related to their field of study. The faculty has identified the need to strengthen cooperation with local institutions and companies to create increased opportunities for employment and professional internships. Vocational guidance and career counseling services are provided to graduates, aiming to increase the employment rate and adapt to market needs.

The faculty will continue its efforts to increase the employment rate for all graduates through new collaboration initiatives with the private and public sectors.

### 10.10. Alumni Services

**Information and guidance on professional opportunities:** Alumni have had access to various career resources, including information on job offers and specialized professional programs.

**Support for networking and professional connections:** The faculty has organized activities and communications to build networks between graduates and professionals in their field.

**Other services for personal and professional development:** Alumni have benefited from advice and information regarding academic advancement or opportunities for further studies.

The ongoing preparation of alumni services is a priority of the faculty, aiming to create an active and connected community for all graduates.

## 11. Performance indicators

The Faculty Performance Assessment Framework tracks the results and key performance indicators that the faculty has achieved in key outcomes that contribute to the overall contribution score to the society where the institution operates.

### Bachelor's level

N0	Expected result indicators	2021	2022	2023	2024	2025
1	Total number of students at the Faculty of Sports	30	77	107	86	108
2	Annual intake of students in the program	30	30	28	0	20
3	Total number of students in the program	30	60	88	58	78
5	Graduation rate in 3.5 years	0 %	0 %	0 %	75%	75%
6	Student survival and dropout rate	0 %	4%	6%	4%	4%
7	Student satisfaction rate within the program	85%	90%	92 %	90%	90%
8	Staff satisfaction level within the program	89 %	91 %	90%	93 %	93 %
9	Research results/citations in the program	1.45	1.75	1.89	2.0	2.0
10	Number of partnerships and mobilities	3	3	3	4	4

	<b>Process indicators</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	<b>2025</b>
1	Staff-student ratio	1:2.2	1:4.6	1:4.1	1:4	1:4
2	Student-class ratio	30:1	61:2	89:3	58/3	78/3
3	Student-computer ratio	1:1	1:2	1:2	1:2	1:2
4	Student-book ratio	1:14.8	1:7.4	1:5.3	1:5	1:5
5	Student attendance rate	75%	73 %	68 %	72 %	68 %
6	Degree of implementation of the Curriculum	95%	92 %	95%	95%	95%
7	Student achievement rate	78 %	76 %	66 %	78%	83%
8	Staff training participation rate	78 %	75%	84 %	75%	75%
9	Staff research rate	1.45	1.75	1.89	2.0	2.0
10	Syllabus – Degree of compliance with learning outcomes	92 %	90%	93 %	96 %	96 %
	<b>Input indicators</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	<b>2025</b>
1	Number of academic staff (Qualification) at the Faculty of Sports	13	17	22	22	22
2	Number of academic staff (Qualification) in the program	13	17	22	22	22
3	Number of classes for the program	2	3	3	3	3
4	Number of laboratories	5	6	7	7	7
5	Program Income from student fees	1200.00	1300,000	1300,000	1300,000	1300,000
6	Number of books/magazines	443.00	443.00	443.00	443.00	443.00

## Master's Program

N0	<b>Expected result indicators</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	<b>2025</b>
1	Total number of students at the Faculty of Sports	77	107	86	108
	Total number of students in the Msster program	7	19	28	30
2	Annual intake of students in the program	7	12	16	18
5	Graduation rate in 3.5 years	0 %	0 %	80%	80%
6	Student survival and dropout rate	2%	4%	3%	2%
7	Student satisfaction rate within the program	90%	92 %	92 %	92 %
8	Staff satisfaction level within the program	91 %	90%	93 %	95%
9	Research results/citations in the program	1.75	1.89	1.92	2.0
10	Number of partnerships and mobilities	3	3	4	4
	<b>Process indicators</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	<b>2025</b>
1	Staff-student ratio	1:1.3	1:2.1	1:2.5	1:2.5
2	Student-class ratio	7:1	19:2	30:2	30/2
3	Student-computer ratio	1:2	1:2	1:2	1:2
4	Student-book ratio	1:27.7	1:12.3	1:7.4	1:7.4
5	Student attendance rate	73 %	75%	78 %	75%

6	Degree of implementation of the Curriculum	92 %	95%	95%	96 %
7	Student achievement rate	82 %	85%	88 %	88 %
8	Staff training participation rate	75%	80%	84 %	80%
9	Staff research rate	1.75	1.80	1.89	2.0
10	Syllabus – Degree of compliance with learning outcomes	90%	93 %	93 %	96 %
	<b>Input indicators</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>	2025
1	Number of academic staff (Qualification) at the Faculty of Sports	17	22	22	22
2	Number of academic staff (Qualification) in the program	13	17	17	17
3	Number of classes for the program	2	2	2	2
4	Number of laboratories	6	7	7	7
5	Program Income from student fees	1500,000	1500,000	1500,000	1500,000
6	Number of books/magazines	443.00	443.00	443.00	443.00

Performance indicators are part of the overall strategy to monitor the progress of the faculty and take the necessary measures to ensure sustainability, achievement, and orientation in the process.