

Elona Krasniqi, PhD, is an Assistant Professor at the Faculty of Psychology, UBT College, where she teaches courses in Medical Psychology, Research Methods, Psychopathology, Acute Assessment and Management of Behavioural Disorders, Health Psychology, and Personality Psychology. She actively contributes to curriculum development, promotes a strong research culture within the faculty, and supervises both bachelor's and master's students in internships and dissertation work.

Dr.Krasniqi has extensive international research experience, having worked at prestigious institutions such as the University of East Anglia (UK), the University of Kentucky (USA), and Reichman University (Israel). She has participated in advanced research training, qualitative and quantitative data analysis, and has delivered invited lectures at several academic centers. She is also a recipient of the Masaryk Distinguished Researcher Award, enabling her to undertake research and teaching activities within leading psychology departments.

Her research focuses on pubertal development and its impact on emotional and behavioural adjustment during adolescence, maternal parenting influences on internalizing symptoms, and community-based approaches to understanding risk and resilience factors among youth. She has published in peer-reviewed international journals and contributed to book chapters addressing adolescent mental health.

Currently, Elona contributes to COST Action CA23153, Digital Mental Health for Young People, where she collaborates with multiple task forces on early assessment, user-centered design, and the implementation of digital mental health interventions for youth. She also serves as a research officer in EU-funded projects such as RECONNECTED and PROSPERH, focusing on community resilience and psychological and physical well-being in changing environments.

She also serves as a reviewer for international journals and is an active member of several professional associations, including the European Association for Research on Adolescence (EARA), the Society for Research on Adolescence (SRA), and the European Association of Developmental Psychology (EADP).