

Besarta Sadriu is an academic staff member at the Faculty of Psychology at UBT College and a PhD candidate in psychology at the University of Tirana. She holds a bachelor's degree in general psychology and a master's degree in clinical psychology from the University of Shkodra "Luigj Gurakuqi."

She has authored scientific publications in psychology and has participated in conferences both nationally and internationally. Besarta Sadriu is a licensed clinical psychologist by the Ministry of Health of the Republic of Kosovo and has completed various trainings in psychology and education.